



2018 Timetable

Please note: timetable is subject to change. All classes require a minimum of 5 students.

Pre School Classes						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiny Tumblers (2 – 5 years)		10am – 11am	9.30am – 10.30am	11am – 12pm	10.30am – 11.30am	9am – 10am
Shining Stars (2 – 5 years)		11am – 12pm	10.30am – 11.30am	10am – 11am		

Recreational Classes						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Junior Rockets (5 to 6 year olds)		4.30pm – 5.30pm		4.30pm – 5.30pm		10am – 11am
Mini Rockets (6 to 8 year olds)		5.30pm – 6.30pm		5.30pm – 6.30pm		
Senior Rockets (8+ year olds)		4.30pm – 6.30pm		4.30pm – 6.30pm		10am – 12pm

Gymstar Classes						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Gymstar 1 Day (1.5hrs)				2pm – 3.30pm		
Gymstar 1 Night (1.5hr)					4.30pm – 6pm	
Gymstar 2 (3hrs)		5pm – 6.30pm		5pm – 6.30pm		
Gymstar 3 (4hrs)		4.30pm – 6.30pm		4.30pm – 6.30pm		
Gymstar 4+ (7hrs)	4pm - 6pm		4pm – 7pm		4pm – 6pm	

Other Programs						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Boys FREE G					5pm – 7pm	
Fusion	6pm - 7pm				6pm – 7pm	
Super Stars Junior			5.30pm – 7pm			
Super Stars Senior			5pm – 7pm			
Team Gym Junior (6 to 10 years)		4.30pm – 5.30pm				
Team Gym Senior (10+ years)					5pm – 7pm	

Squad Classes (Invitation Only)			
	Monday	Wednesday	Friday
Level 3 (9hrs)	4pm – 7pm	4pm – 7pm	4pm – 7pm
Level 5 (9hrs)	4pm – 7pm	4pm – 7pm	4pm – 7pm

Class sizes are capped at 10 children. Waiting lists will apply to classes after this number is reached.